

Friends and Family Homecare

COVID-19 Guidelines for HomeCare

Guidelines as recommended by CMS (Centers for Medicare & Medicaid Services) and the CDC (Center for Disease Control) for HomeCare.

Infection control and prevention are always of the utmost importance, but now more than ever, we are made aware of this. Basic healthcare hygiene is always important and this awareness helps us realize we need to ALWAYS practice good basic hygiene.

Be aware of the symptoms for the COVID-19 virus:

- **FEVER**
- **COUGH**
- **SHORTNESS OF BREATH**
- **DIFFICULTY BREATHING**

To keep clients healthy, if you are sick, please let them know and stay home. If you have the above symptoms - contact your Doctor, DO NOT go to the Emergency Room.

If these symptoms are present with your client - they or their Responsible Party must contact their Doctor immediately for further instructions.

Because this is an airborne virus - the “social distancing” is recommended. If working with your client requires contact of less than 5 feet, it is your choice to wear a mask. As a PCA Choice Agency we do not provide them. Some clients may provide them for their caregivers.

A Priority is HANDWASHING. Good, effective hand washing for 20 seconds - wash them often.

- Prior to working with your client(s) and regularly during your visit
- Before and after working with food
- After using the bathroom
- After cleaning the bathroom
- after helping your client in the bathroom

~ Keep your hands away from your face.